

RECOVERY
— IS —
POSSIBLE.



GREENESTONE



CENTRE FOR RECOVERY

GreeneStone is a premier, CARF[®] accredited private residential treatment facility that prides itself on delivering a bespoke, client focused approach to recovery.

We provide medical detox and stabilization before clients enter primary treatment; with program lengths varying from 30 – 90 days. We recognize the importance of delivering treatment plans that are tailored to each client's specific goals. Our clients' recovery journeys start with a biopsychosocial evaluation and psychiatric assessment to help inform an individualized and holistic treatment plan.

Our Primary Residential Treatment Program includes:

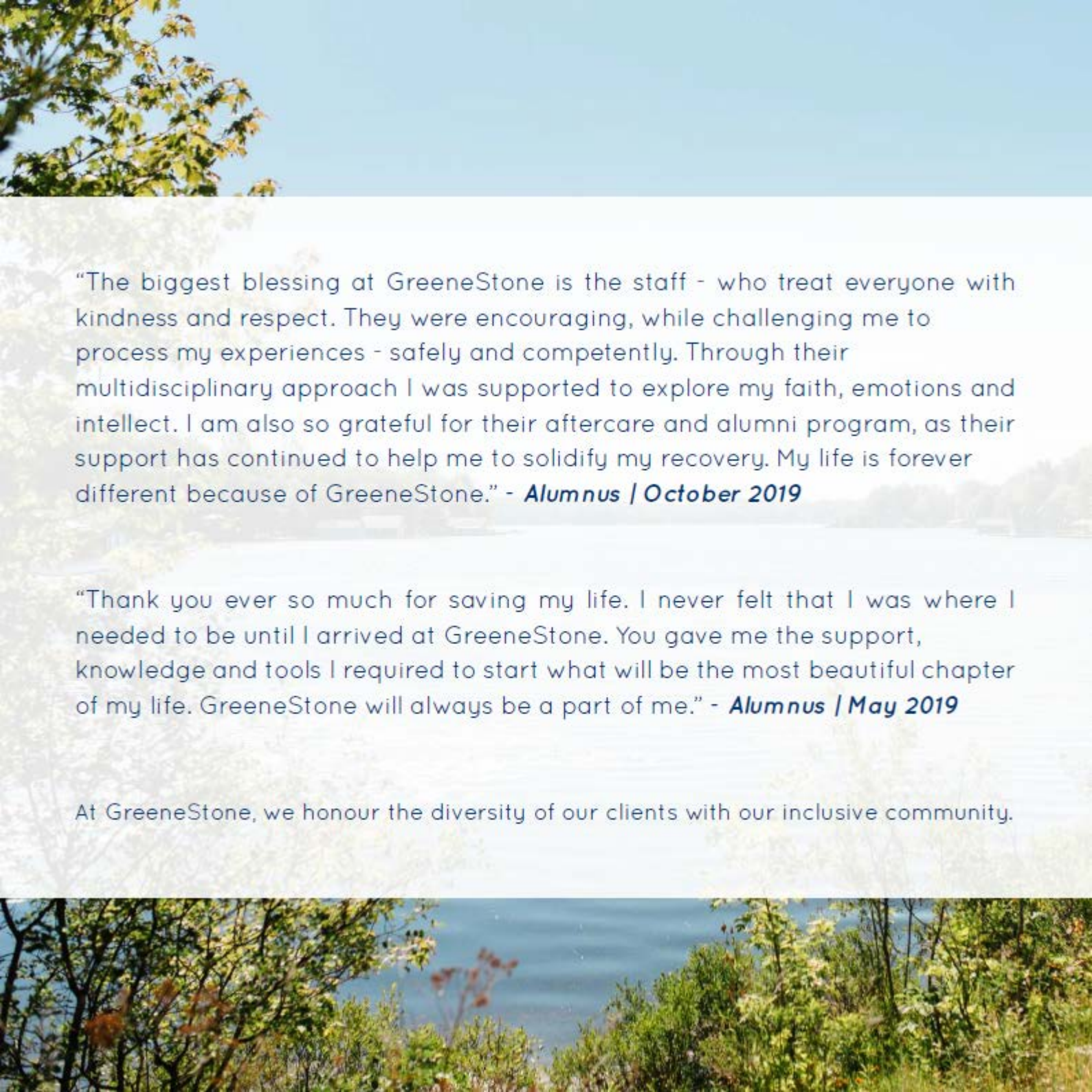
- **Psychiatric Assessment**
- **Individual & Group Therapy**
- **Educational Sessions**
- **Spiritual Therapy**
- **Trauma Therapy**
- **Relapse Prevention**
- **Recovery Coaching**
- **Integrated Support for Co-occurring Disorders**
- **Specialized focus groups**
- **Physical wellness activities (fitness, yoga, personal training, swimming and massage therapy)**

GreeneStone also offers Second-Stage Treatment, Aftercare and an Alumni Program which provide our clients with a strong foundation for sustained recovery.

[®] The Commission on Accreditation of Rehabilitation Facilities is an international, non-profit organization that provides certification to facilities that meet the highest level of quality in addiction treatment.



ADDICTION
IS NOT A CHOICE.
RECOVERY
CAN BE.



“The biggest blessing at GreeneStone is the staff - who treat everyone with kindness and respect. They were encouraging, while challenging me to process my experiences - safely and competently. Through their multidisciplinary approach I was supported to explore my faith, emotions and intellect. I am also so grateful for their aftercare and alumni program, as their support has continued to help me to solidify my recovery. My life is forever different because of GreeneStone.” - ***Alumnus / October 2019***

“Thank you ever so much for saving my life. I never felt that I was where I needed to be until I arrived at GreeneStone. You gave me the support, knowledge and tools I required to start what will be the most beautiful chapter of my life. GreeneStone will always be a part of me.” - ***Alumnus / May 2019***

At GreeneStone, we honour the diversity of our clients with our inclusive community.



Our program supports our clients in creating and living a life they desire. As success in recovery can only be defined by our clients and their loved ones, we measure our clients' overall life improvements with our Quality of Life (QOL) indicators. From the time they enter our doors to 12-months post-treatment, our clients report an overall quality of life improvement of 95%.



GREENESTONE



CENTRE FOR RECOVERY

Often, the hardest part of starting a journey in recovery is asking for help – we are here to make it easier.

Greenestone has been helping our clients kick-start their recovery journey for over a decade.

“At Greenestone we work together to help clients reconnect to their purpose and authenticity, while reclaiming their lives. Witnessing and being a part of their recovery journey is the greatest honour for our team.”

- Danielle McCarron, Executive Director

Our Intake team is available to help everyone who calls the Centre make the best choices for their recovery.

If you are ready to take the first step into a life of freedom, contact us today.



information@greenestone.net



1.844.955.5501



www.greenestone.net